goodfood

Little toffee apple cake

Prep: 20 mins Cook: 40 mins



Cuts into 8 slices



Ingredients

Method

3 tbsp sunflower oil , plus more for the tin
1 large apple
1 egg
1 tsp vanilla extract
110g self-raising flour
50g golden caster sugar
3 soft toffees

Step 1	Ask your grown-up helper to switch the oven on to 190C/170C fan/ gas 5. Brush a small (500g/ 1 lb) loaf tin with a little oil.
Step 2	Peel the apple with a potato peeler, then cut it into quarters and cut out the cores. Ask a grown-up for help if you need to .
Step 3	Grate the apple using a rotary or box grater and put it in a large bowl.
Step 4	Break the egg into a small bowl. If any pieces of shell fall in, lift them out with a spoon. Add to the apple, then add 3 tbsp oil and the vanilla. Mix well.
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Step 5 Add the flour and sugar and stir together. The mixture is quite stiff so keep going until all of the flour is mixed in. Scrape into prepared tin.

Step 6 Push 3 toffees into the mix in a row. Ask a grown-up to put the tin in the oven for 30-40 mins or until cooked through. Cool before tipping out and slicing.