

Winter Flakes Edible Sensory Recipe

Ingredients

Potato flakes

Edible silver sparkles

Scoops

Blue food colouring

jugs of water

Christmas shapes

Large bowl

Method

1. Pour plenty of potato flakes into your large container and then add the edible silver sparkles.
2. Let the children explore the flakes - use scoops or hands to get the feel of the flakes when dry.
3. Once you feel they have had enough of the dry flakes, add water (a bit at a time), letting the children play in between each stage - the texture of the flakes will change each time water is added.
4. Food colouring can be added too.
5. Once the mixture is mouldable, the Christmas cutters and shapes can be added.
6. Can the children identify the Christmas shapes once the potato flakes have been moulded?

(This recipe is intended to be used as soon as it has been made and not to be stored for future use.)