

# Polar Bear Hunt Sensory Story

🎵 Start the lesson by playing the song 'Beautiful Day' by U2 🎵

	Suggested Resources	Activity
Read "We're Going on.."	A drum, a tray, legs, table. 	Lead adult to tap out the rhyme with a drum. Other adults tap out the beat on students legs, tables or trays.
UH OH!	Chime.	Repeat to indicate start of each activity.
Snow drift	Cracking foot gel.	Massage feet or hands.
Snow storm	Paper snowballs, confetti.	Throw scrunched up snow balls or confetti in the air above students.
River	Cold water, deep trays.	Where possible students to put feet in cold water.
Icicles	Ice cubes. 	Drip ice cubes on faces/hands.
Snow cave	Echoing microphones.	Call and response for names.
Cave	Torches, mirrors. 	Use torches to look around room, look at own faces, track lights.
BEAR!	Blankets, Thunder drum or bear sound on computer. 	Quick drum beat/tapping. Reverse through activities. Hide under blankets. Bear growling sound on CD or thunder drum. Wait till growling stops then call students names and support to reappear!