



Pancakes



Ingredients

1 egg

4oz of wholewheat flour

pinch of salt

1/2 pint of milk and
water mixed

Makes 6-10 pancakes

Method

1. Mix all of the wet ingredients together.
2. Mix all of the dry ingredients together.
3. Once you have mixed the ingredients, slowly add the wet ingredients to the dry ingredients to create a stiff batter then continue to add the rest. Beat it well until it's smooth.
4. Add a little bit of margarine into the pan and wait until it is bubbling.
5. Pour in the batter and cook until both sides of the batter are brown.
6. Serve with either syrup, jam or sprinkle a little bit of sugar.
7. Enjoy.