



Our topic is Fallen Fields (WW1) so here are some sensory experiences to explore with your young person

### Sensory movement - SENSORY AWARENESS

Young children are highly sensory beings. They flock to things that stimulate their senses of touch, taste, sight, smell, and hearing.

Dance and creative movement provide stimulation for three of those five senses at once: touch, sight, and hearing.

By listening to the music and learning how to move in time with the beat, children begin to more finely hone their senses and learn how their bodies can work in harmony with the stimuli around them.

Additionally, these sensory experiences help children connect with themselves, with one another, and with the world around them, leading them to begin appreciating the beauty of their environment.

Here is some dramatic music that you can clap or beat out on hands and legs to see the reaction from your young person.

[The Hell of War WW1 \[ FireMast23 Music Video \] - Bing video](#)

These are songs which are part of our performance The Christmas Truce:

[Silent Night with Lyrics | Christmas Carol - YouTube](#)

[So this is Christmas - John Lennon - YouTube](#)

**Dance Massage is a good way of exploring different types of music**

What is a Dance Massage?

- Dance Massage combines the soothing, sensory experience of massage with the rhythm and energy of music.
- Dance Massage is interactive. It is a form of non-verbal communication.
- It is especially helpful to people with sensory impairments and complex needs.
- It is very pleasurable to give and receive and it is easy to learn.
- No fancy equipment needed. Just a sound system, music, massage oil and you.
- Dance Massage allows people who would not normally be able to access dance, a unique, tactile dance experience.
- Dance Massage offers a wealth of opportunities to develop sensory integration

Sensory messy play

Thinking about the texture of the mud of the trenches, exploring gloop is a fun way of thinking and feeling something cold and sticky that isn't as messy as mud. You could give this a try and note the reaction of your young person.

Sensory awareness goes hand in hand with creativity. Sensory play arouses children's imaginations, creativity, and curiosity through exploration of texture, temperature, and fun! Gloop is an interesting

mixture with a unique texture and is great for sensory play. It is also great for learning about the concepts of what a solid and liquid is which also links to our science topic.

2 cups of cornflour 1 cup of water Food Colouring A large container or bowl Place the cornflour into a large container and place a few drops of colouring into the centre.

Have the water ready for your child to pour into the container.

Mix the water into the cornflour and colouring. It will take some time to mix together but encourage your child to play with the gloop before it is mixed.

<https://www.learning4kids.net/2012/05/02/how-to-make-gloop/>



Ice play is another way of exploring cold and experiencing different concepts that our topic covers. Freeze some ice cubes or ice cream tubs of water, you can add in object such as toys or herbs to see how they change and what happens when the ice melts.



## Lights and sounds



Turn off the lights and watch these fire work shows to explore the sounds of explosions. This helps our young people experience anticipation and excitement. Watch closely to see they respond. If they are not enjoying this activity please do stop and enjoy something that they do like.

[21cc Fireworks Ltd - Classical Music Pyromusical - YouTube](#)

[Leeds Castle Classical Concert \(Fireworks\) 2015 - YouTube](#)

What ever you do have fun and if you want to share photographs or ask any questions please email Mrs Hargood via this email:

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