

# James Lind

## Quiz Cards



twinkl



### James Lind Quiz Cards

#### 1. Who was James Lind?

- A Scottish surgeon
- A Welsh scientist
- An English doctor



twinkl.co.uk

### James Lind Quiz Cards

#### 2. Which disease did Lind investigate while working with British sailors?

- Arthritis
- Scurvy
- Gum disease



twinkl.co.uk

### James Lind Quiz Cards

#### 3. What difference did he notice between British and Dutch Sailors?

- That the Dutch were better sailors.
- That British sailors were healthier.
- That Dutch sailors did not get scurvy.

twinkl.co.uk

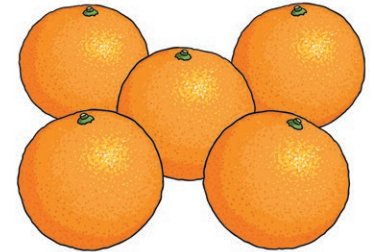
#### 4. What did this lead him to believe?

- The Dutch were stronger
- The Dutch ships carried large barrels of fresh fruit.
- The Dutch ships were cleaner



#### 5. How did he test out his theory?

- He ate lots of fruit
- He did a clinical trial in which all the sailors had to eat fruit.
- He did a clinical trial in which two sick sailors ate lemons and oranges each day.



#### 6. What were the results of his trial?

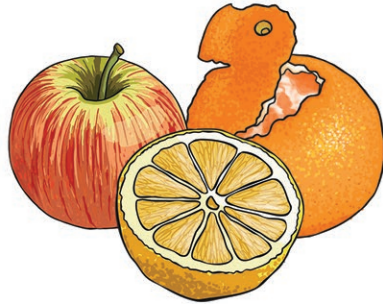
- The sailors eating the lemons and oranges recovered quickly.
- All the sailors recovered.
- The sailors eating lemons and oranges remained unwell.

#### 7. Although Lind carried out his trial in 1754, how long did it take for the Royal Navy to act on his discovery?

- 10 years
- 35 years
- 41 years

8. What did the Royal Navy eventually give to their sailors to help prevent scurvy while at sea?

- Apple Juice
- Orange juice
- Lemon Juice



# James Lind **Answers**

1. Who was James Lind?
  - **A Scottish Surgeon.**
2. What disease did Lind notice that British sailors were getting?
  - **Scurvy**
3. What difference did he notice between British and Dutch Sailors?
  - **That Dutch sailors did not get scurvy.**
4. What did this lead him to believe?
  - **The Dutch ships carried large barrels of fresh fruit**
5. How did he test out his theory?
  - **He did a clinical trial in which two sick sailors ate lemons and oranges each day.**
6. What were the results of his trial?
  - **The sailors eating the lemons and oranges recovered quickly.**
7. Although Lind carried out his trial in 1754, how long did it take for the Royal Navy to act on his discovery?
  - **41 years**
8. What did the Royal Navy eventually give to their sailors to help prevent scurvy while at sea?
  - **Lemon Juice**