

VE Day Sensory Story

Spitfire



Joe White

A sunny day. Sit back, drink tea Relax and breathe 1,2,3



Suggested Sensory Resources

Warm drink/bowl of water

Calm

Clock sound effect

Suggested Movements

Sit and take deep breaths

Lie back

Sit to lie

A phone ringing The alarm, again Listen and run, German planes!



Suggested Sensory Resources

Phone/Alarm Sound Effect

Suggested Movements

Run on spot

Sit to standing

Hand to ear

Climb in the seat Buckle in tight Take a deep breath, ready for flight



Suggested Sensory Resources

Into seat

Mime clicking buckle

Weight/strip across shoulder

Suggested Movements

Mime climbing

Pull seatbelt across

Deep breath in, hold, out

Start the engines Propellers turn Spinning so fast, whirr, whirr, whirr



Suggested Sensory Resources

Fan

Engine sound effect

Light spinner

Suggested Movements

Spin on spot

Wave arms in circle

Ground crew ready Bright, sunny day All fuelled up, chocks away!



Suggested Sensory Resources

Lights

Wooden blocks, small tyres

Oil or Rubber smell (balloon)

Suggested Movements

Mime pulling chocks

Bend at waist

Lift off, we climb Into the sky Houses, trees go zooming by.



Suggested Sensory Resources

Fan

Lean back

Sky video/Blue cloth

Suggested Movements

Lean backwards

Sit to lie down

In formation Close, wing to wing Between the clouds swoop and swing



Suggested Sensory Resources

White cloth as clouds

Bubbles

Suggested Movements

Touch fingers in line

Walk/sit in formation

Fighters ahead We weave and roll Dials spinning on the console



Suggested Sensory Resources

Light spinner

Cockpit video

Suggested Movements

Lean left and right

Roll on floor

Engine roaring Deadly dogfight Bullets pinging left and right



Suggested Sensory Resources

Engine sound effect

Pinging sound effect

Coloured clothes swirl around

Suggested Movements

Bend knees

Dodge left and right

Arms outstretched

Watch with horror My friend gets hit Clambers out from his cockpit



Suggested Sensory Resources

Explosion sound effect

fan

Black material

Suggested Movements

Mime climbing

A parachute He is alive His plane spinning in a dive



Suggested Sensory Resources

White material

White umbrella

Suggested Movements

Mime floating

Spin in place

Spitfires return History written... The true battle of Britain



Suggested Sensory Resources

Model plane

Suggested Movements

Arms out run, slow down

Stand to sitting



Image credits

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