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The Cedar Federation

IfieldSchool

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**Mrs Abigail Birch
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30th March 2020

Dear Parent/Carers

As your children will be using the internet to access much of the work we will provide for them while we are closed, we thought we would share our top tips for helping them stay safe online.

Set up parental controls

Parental controls help you to block or filter upsetting or inappropriate content, and control purchases within apps. You can install parental control software on your child's and family's phones or tablets, games consoles, laptops and your home internet.

Parental controls can help you to:

- plan what time of day your child can go online and how long for
- create content filters to block apps that may have inappropriate content
- manage the content different family members can see.

Visit here for information on how to set up parental controls from BT, Virgin, Sky and TalkTalk.

Your home WiFi network and TV settings should be password protected. Think about setting up accounts for your children so they're only seeing age-appropriate content. For example, on TV streaming services like Netflix.

Check apps and settings

Default settings might include things like GPS location tracking, connection to public WiFi and camera or chat access. It's important to turn these off so your child can't be identified. Always check device privacy settings and make sure they're switched on.

Talk to your child

Talking to your child about what they're doing online and what devices they're using can help them stay safe.

Ask someone who knows

There are always lots of new apps, too many to keep track of sometimes. If you want to find out the important information about an app and how safe it is to use visit https://www.net-aware.org.uk/ and search for the app.

Thank you for all your help and support

Yours faithfully
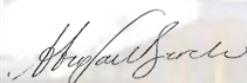
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