

## Support for parents of children with



Special Educational Needs  
& Disabilities

### **Government advice.**

<https://www.kent.gov.uk/social-care-and-health/health/coronavirus/coronavirus-your-questions-answered#tab-2>

### **Home schooling tips.**

<https://news.sky.com/story/coronavirus-homeschooling-five-ways-to-keep-your-kids-learning-happy-and-healthy-11959988>

### **Support with handwriting and fine motor skills.**

<https://www.nhs.uk/healthcare-professionals/paediatric-occupational-therapy/fizzy-programme/>

The Fizzy and Clever Hands Programme has been developed by therapist in Kent Community NHS Trust. The FIZZY and Clever Hands Programmes are recommended by occupational therapy as programmes for schools to use to assist in the development of motor skills for those children who find this challenging.



BEAM is a movement screening and development tool for young children suitable for use in primary schools. It is a fun-to-use schools-based programme developed by qualified physiotherapists in Kent. Practice the movements on the sheet each day. Move from block A onwards as you see progress being made.

<https://www.kentcht.nhs.uk/wp-content/uploads/2016/04/BEAM-progress-sheet-A.pdf>

<https://www.kentcht.nhs.uk/wp-content/uploads/2016/04/BEAM-progress-sheet-B.pdf>

<https://www.kentcht.nhs.uk/wp-content/uploads/2016/04/BEAM-progress-sheet-C.pdf>

Sensory Circuits is a short and snappy sensory motor skills programme that helps to set children up for a school day. ... Children participate in a 10-15 minute session of activities designed to improve brain processing efficiency, and they generally find that the circuit is a fun way to start the day.



<https://www.cpft.nhs.uk/Documents/Miscellaneous/Sensory%20Motor%20Circuits.pdf>



A sensory box (also called a sensory tub, container, and bin X Research source) is a storage container that is stored and filled with materials that have to do with your five senses. They are mostly used for play, experiment, learning, and sometimes even for relaxation or mediation.

<https://www.ot-mom-learning-activities.com/sensory-box.html>



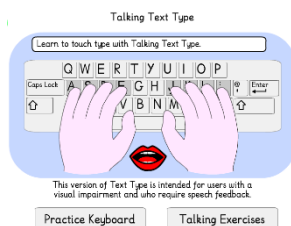
## Learning resources.

<https://www.twinkl.co.uk/resources/specialeducationalneeds-sen>

**Phonics Bloom** create interactive online phonics games to help teach children the relationship between letters and sounds and develop the skills needed to read and write. All our resources are designed by an experienced team of teachers and parents.



<https://www.phonicsbloom.com/>

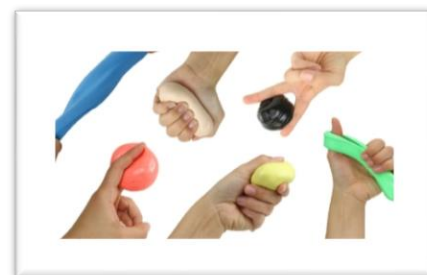


**Doorway Online** is a collection of free and highly accessible educational games that learners will find easy to use independently. Each activity has a range of accessibility and difficulty options.

<https://www.doorwayonline.org.uk>

**The thera-putty programme** is for children who have fine motor difficulties and have poor postural motor control.

<https://www.nhsggc.org.uk/kids/healthcare-professionals/paediatric-occupational-therapy/theraputty-hand-strength-exercises/>

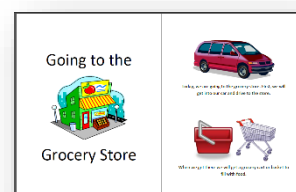


## Emotional Wellbeing

<https://www.elsa-support.co.uk/category/free-resources/>

**Social stories and comic strip conversations** can help autistic people develop greater social understanding and stay safe.

<https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx>



**Auditory memory** is the ability to remember what is heard. It is important in helping your child to follow longer instructions and understand more detailed conversations at home and in class. Some children have difficulty remembering information that they hear, e.g: recalling the sequence or detail and the main idea of what is said. Long instructions can pose particular problems.

<https://speechbloguk.com/games-to-improve-auditory-memory/>

<http://www.bridgewater.nhs.uk/wp-content/uploads/2013/01/Listening-and-remembering-skills.pdf>

## Speech, Language and Communication

<https://speechandlanguage.info/parents>

**Keep Safe**

